

Open Mind Upper Intermediate has been mapped to *Cambridge English: First (FCE)*. This document shows which exercises teachers may want to use to help prepare learners for the exam.

UNIT 1	WHO DO YOU THINK YOU ARE?	Practice for First (FCE)
Listening	Listening to a podcast interview.	Listening Part 4
Speaking	Agreeing and disagreeing.	Speaking Part 4
Reading	Reading a TV review. Reading for different purposes.	Reading and Use of English Part 5
Writing	Contributing to a question-and-answer page.	Writing Part 2
LifeSkills	Understanding stereotypes. Discussing the negative impact of certain stereotypes.	All papers, Speaking Parts 3 and 4

UNIT 2	GLOBAL VIEWS	Practice for First (FCE)
Listening	Understanding discourse markers in a discussion about globalisation.	Listening Part 3
Speaking	Talking about social media. Describing a photo.	Speaking Part 3, Part 2
Reading	Reading a magazine article about shopping preferences.	Reading and Use of English Parts 3 and 5
Writing	Writing a formal email to organise a global citizenship meeting.	Writing Part 2
LifeSkills	Understanding internet search terms. Researching the effect of globalisation on your local economy.	Speaking Part 3

UNIT 3	FAME AND FORTUNE	Practice for First (FCE)
Listening	Listening to a gossip columnist. Listening to conversations about the disadvantages of fame and celebrity.	Listening Part 4, Part 3
Speaking	Clarifying misunderstandings in informal conversations.	Speaking Part 1
Reading	Reading an internet article. Defining the reading purpose and strategy.	Reading and Use of English Part 5
Writing	Writing about someone you admire. Writing a short essay expressing your opinion.	Writing Part 2, Part 1
LifeSkills	Evaluating arguments. Discussing a proposal.	Speaking Part 3, Writing Part 2

UNIT 4	UPS & DOWNS	Practice for First (FCE)
Listening	Understanding discourse markers in a lecture.	Listening Part 2
Speaking	Talking about having a positive attitude. Expressing personal preference.	Speaking Part 3, Part 2
Reading	Reading a magazine article about research into emotions.	Reading and Use of English Parts 5 and 7
Writing	Writing a thank-you note.	Writing Part 2
LifeSkills	Being a positive team member. Focusing on solutions to problems.	All papers

UNIT 5	SOMETHING IN THE WATER	Practice for First (FCE)
Listening	Listening to an interview discussing a charity.	Listening Parts 2 and 4
Speaking	Suggesting alternatives in a discussion.	Speaking Part 3
Reading	Reading an online article. Inferring opinion.	Reading and Use of English Parts 5 and 7
Writing	Contributing to an online debate. Expressing an opinion. Interpreting data.	Writing Part 1, Part 2
LifeSkills	Developing empathy. Discussing your water usage.	Speaking Part 4, Listening Part 2

UNIT 6	LIVING TRADITIONS	Practice for First (FCE)
Listening	Listening for the main idea in interviews.	Listening Parts 3 and 4
Speaking	Talking about personal rituals. Comparing photos.	Speaking Part 1, Parts 3 and 4
Reading	Reading a book excerpt.	Reading and Use of English Parts 5 and 7
Writing	Avoiding run-on sentences. Writing a comment on a blog.	Writing Part 2
LifeSkills	Managing distractions. Making a plan to change your habits.	All papers

UNIT 7	DESIGNED TO PLEASE	Practice for First (FCE)
Listening	Listening to a radio phone-in about fashion styles.	Listening Part 4
Speaking	Using distancing language in a polite conversation.	Speaking Part 1
Reading	Inferring factual information in an article.	Reading and Use of English Parts 3 and 5
Writing	Writing a biography. Writing a hotel review.	Writing Part 1, Part 2
LifeSkills	Showing initiative. Identifying opportunities to show initiative.	All papers

UNIT 8	A FAIR DEAL?	Practice for First (FCE)
Listening	Listening for the main idea in a lecture about fair trade.	Listening Part 4
Speaking	Talking about social justice. Proposing a solution.	Speaking Part 3, Part 2
Reading	Reading biographical profiles. Understanding the summary of a life.	Reading and Use of English Part 5
Writing	Using a variety of structures in your writing. Explaining your opinion.	Writing Part 1
LifeSkills	Understanding rights and responsibilities. Sharing your ideas concerning your country.	Speaking Parts 2, 3 and 4

UNIT 9	COMPETITIVE EDGE	Practice for First (FCE)
Listening	Listening to experts' opinions. Understanding the main ideas.	Listening Parts 2 and 4
Speaking	Paraphrasing to explain and avoid repetition in a scientific study.	Speaking Parts 3 and 4
Reading	Reading a scientific article. Understanding text organisation.	Reading and Use of English Part 6
Writing	Writing a description and expressing an opinion. Writing a discursive essay.	Writing Part 2, Part 1
LifeSkills	Synthesising information. Preparing and presenting a report.	All papers, Writing Part 2

UNIT 10	RISKY BUSINESS	Practice for First (FCE)
Listening	Listening to rapid speech in a conversation about a TV stunt.	Listening Parts 1 and 4
Speaking	Speculating about events. Responding to a question asking for a choice.	Speaking Part 3, Part 2
Reading	Reading an opinion article about taking risks.	Reading and Use of English Parts 5 and 7
Writing	Writing a formal letter requesting action.	Writing Part 2
LifeSkills	Managing stress. Creating strategies to help you relax.	All papers, Speaking Part 4

UNIT 11	THROUGH THE LENS	Practice for First (FCE)
Listening	Listening to a podcast. Understanding the description of a photo.	Listening Part 4, Speaking Part 2
Speaking	Making comparisons in informal conversation.	Speaking Parts 2 and 3
Reading	Understanding text organisation in an online article.	Reading and Use of English Parts 5 and 6
Writing	Writing a memo. Summarising key points from a phone message. Write a report about tourism.	Writing Part 2
LifeSkills	Giving and receiving feedback. Discussing a campaign to boost local tourism.	Speaking Parts 1, 2 and 4

UNIT 12	BRIGHT LIGHTS, BIG CITY	Practice for First (FCE)
Listening	Listening to rapid speech during a guided tour.	Listening Parts 3 and 4
Speaking	Talking about cities of the future. Giving a short presentation.	Speaking Part 3, Part 2
Reading	Reading a guidebook. Describing different places.	Reading and Use of English Parts 4 and 7, Speaking Part 2
Writing	Writing a letter of complaint including all necessary details.	Writing Parts 1 and 2
LifeSkills	Recognising and avoiding plagiarism. Discussing strategies to make your work original.	All papers, Writing Part 2