

Unit 1 Greetings

Section	Activity	Skills	Page	Exercise	Practice for TOEIC & TOEIC Bridge
Conversation	Practice the conversations	Speaking	6	B	S&W Read a text aloud
Vocabulary	Write nationalities	Writing	7	B	S&W Respond to a written request
Exchange	Complete the conversation	Listen & Complete	7	A	L&R Part 3 and TB Part 3
	Make a conversation	Speaking	7	B	S&W Read a text aloud
Language in action	Pair work	Speaking	8		S&W Describe a picture
Listening	Listen to someone talk	Listen & Answer	9	A	L&R Part 4
		Listen & Match	9	B	L&R Part 1 and TB Part 1
Expansion: Listening	Complete the conversations	Listen & Answer	10		L&R Part 3 and TB Part 3
Expansion: Vocabulary	Read and listen to numbers	Speaking	10	A	S&W Read a text aloud
	Circle the numbers you hear	Listen & Answer	10	B	L&R Part 4 and TB Part 2
	Read and listen to letters	Speaking	10	C&D	S&W Read a text aloud
Expansion: Reading	Read for info	Read & Answer	11		L&R Part 7 and TB Part 5
Expansion: Writing	Write about you	Writing	11		S&W Respond to a written request

Unit 2 Personal information

Section	Activity	Skills	Page	Exercise	Practice for TOEIC & TOEIC Bridge
Conversation	Practice a conversation	Speaking	12	A&B	S&W Read a text aloud
Vocabulary	Match words with pictures	Look & Match	13	A	S&W Write a sentence based on a picture
	Complete the chart	Reading	13	B	L&R Part 5 and TB Part 4
Exchange	Complete the conversation	Listen & Complete	13	A	L&R Part 3 and TB Part 3
	Make a conversation	Speaking	13	B	S&W Read a text aloud
Language in action	Pair work	Ask & Answer	14		S&W Respond to questions
Listening	Listen to someone talk	Listen & Answer	15	A&B	L&R Part 4 and TB Part 3
Speaking	Make notes	Speaking & Writing	15		S&W Respond to questions and S&W Respond to written requests
Expansion: Listening	Listen for information	Listen & Answer	16	A&B	L&R Part 4 and TB Part 3
Expansion: Vocabulary	Listen for information	Listen & Answer	16	A&B	L&R Part 4
Expansion: Reading	Read for detail	Reading	17	A	S&W Write a sentence based on a picture
	Answer T or F	Read & Answer	17	B	L&R Part 7 and TB Part 5
Expansion: Writing	Write about you	Writing	17		S&W Respond to a written request

Unit 3 Friends and family

Section	Activity	Skills	Page	Exercise	Practice for TOEIC & TOEIC Bridge
Conversation	Read a conversation	Speaking	18	A&B	S&W Read a text aloud
Vocabulary	Look at pictures	Look & Match	19	A	S&W Write a sentence based on a picture
Exchange	Complete the conversation	Listen & Complete	19	A	L&R Part 3 and TB Part 4
	Make a conversation	Speaking	19	B	S&W Read a text aloud
Language in action	Pair work	Look & Speak	20	A	S&W Describe a picture
		Ask & Answer	20	B	S&W Respond to questions
Listening	Listen to someone talk	Listen & Answer	21	A&B	L&R Part 4
Speaking	Pair work	Ask & Answer	21	B	S&W Respond to questions
Expansion: Listening	Listen to three people talk	Listen & Number	22	A	L&R Part 1 and TB Part 1
		Listen & Answer	22	B	L&R Part 4 and TB Part 3
Expansion: Vocabulary	Listen to ordinals	Read, Listen, & Repeat	22	A	S&W Read a text aloud
	Circle what you hear	Listen & Answer	22	B	L&R Part 4 and TB Part 3
Expansion: Reading	Read a website	Reading	23		S&W Respond to questions using information provided
Expansion: Writing	Write about your family	Writing	23		S&W Write an opinion essay
Review 1					
Speaking	Pair work	Speaking	24	A	S&W Respond to questions
	Complete the conversations	Reading	24	B	L&R Part 5 and TB Part 4
Listening check	Listen to a conversation	Listen & Answer	25		L&R Part 3 and TB Part 3
Language check	Complete the sentences	Reading	25	B	L&R Part 5 and TB Part 4

Unit 4 Possessions

Section	Activity	Skills	Page	Exercise	Practice for TOEIC & TOEIC Bridge
Warm-up	Talk about the pictures	Look & Speak	26	A	S&W Describe a picture
Conversation	Read a conversation	Speaking	26	A&B	S&W Read a text aloud
Vocabulary	Look at pictures	Look & Match	27	A	S&W Write a sentence based on a picture
Exchange	Complete the conversation	Listen & Complete	27	A	L&R Part 3 and TB Part 4
	Make a conversation	Speaking	27	B	S&W Read a text aloud
Language in action	Pair work	Speaking	28	A&B	S&W Describe a picture
Listening	Listen to someone talk	Listen & Answer	29	A&B	L&R Part 4 and TB Part 3
Speaking	Pair work	Ask & Answer	29	A	S&W Respond to questions
Expansion: Listening	Listen for prices	Listen & Answer	30	A&B	L&R Part 4 and TB Part 3
Expansion: Vocabulary	Listen to the times	Read, Listen, & Repeat	30	A	S&W Read a text aloud
	Listen to colors	Listen & Repeat	30	C	S&W Read a text aloud
Expansion: Reading	Read for specific information	Read & Answer	31		L&R Part 7 and TB Part 4
Expansion: Writing	Write about three of your favorite things	Writing	31		S&W Respond to a written request

Unit 5 Interests

Section	Activity	Skills	Page	Exercise	Practice for TOEIC & TOEIC Bridge
Warm-up	Talk about the pictures	Look & Speak	32	A	S&W Describe a picture
Conversation	Read a conversation	Speaking	32	A&B	S&W Read a text aloud
Vocabulary	Look at pictures	Look & Match	33	A	S&W Write a sentence based on a picture
Exchange	Complete the conversation	Listen & Complete	33	A	L&R Part 3 and TB Part 4
	Make a conversation	Speaking	33	B	S&W Read a text aloud
Language in action	Pair work	Speaking	34		S&W Describe a picture
Listening	Listen to someone talk	Listen & Answer	35	A&B	L&R Part 4
Speaking	Pair work	Ask & Answer	35		S&W Respond to questions
Expansion: Listening	Listen to three students talk	Listen & Answer	36	A&B	L&R Part 3
Expansion: Vocabulary	Look at pictures	Look & Match	36	A	S&W Write a sentence based on a picture
	Pair work	Ask & Answer	36	B	S&W Respond to questions
Expansion: Reading	Read a website	Read & Answer	37		L&R Part 7 and TB Part 5
Expansion: Writing	Write about your interests	Writing	37		S&W Respond to a written request

Unit 6 Lifestyles

Section	Activity	Skills	Page	Exercise	Practice for TOEIC & TOEIC Bridge
Warm-up	Talk about the pictures	Look & Speak	38		S&W Describe a picture
Conversation	Read a conversation	Speaking	38	A&B	S&W Read a text aloud
Vocabulary	Look at pictures	Look & Match	39	A	S&W Write a sentence based on a picture
Exchange	Complete the conversation	Listen & Complete	39	A	L&R Part 3 and TB Part 4
	Make a conversation	Speaking	39	B	S&W Read a text aloud
Language in action	Pair work	Speaking	40	A	S&W Describe a picture
		Ask & Answer	40	B	S&W Respond to questions
Listening	Listen to someone talk	Listen & Answer	41	A	L&R Part 4
		Listen & Answer	41	B	L&R Part 4 and TB Part 3
Speaking	Pair work	Ask & Answer	41		S&W Respond to questions
Expansion: Listening	Listen to three conversations	Listen & Answer	42	A	L&R Part 4
Expansion: Reading	Read a letter	Read & Answer	43	A&B	L&R Part 7 and TB Part 5
Expansion: Writing	Write about your life	Writing	43		S&W Respond to a written request
Review 2					
Speaking	Pair work	Speaking	44	A	S&W Respond to questions
	Complete the conversations	Reading	44	B	L&R Part 5 and TB Part 4
Listening check	Listen to a conversation	Listen & Answer	45		L&R Part 3 and TB Part 3
Language check	Complete the sentences	Reading	45	B	L&R Part 5 and TB Part 4

Unit 7 Home

Section	Activity	Skills	Page	Exercise	Practice for TOEIC & TOEIC Bridge
Warm-up	Talk about the pictures	Look & Speak	46	A	S&W Describe a picture
Conversation	Read a conversation	Speaking	46	A&B	S&W Read a text aloud
Vocabulary	Look at pictures	Look & Match	47	A	S&W Write a sentence based on a picture
Exchange	Complete the conversation	Listen & Complete	47	A	L&R Part 3 and TB Part 4
	Make a conversation	Speaking	47	B	S&W Read a text aloud
Language in action	Pair work	Speaking	48	A	S&W Describe a picture
		Ask & Answer	48	B	S&W Respond to questions
Listening	Listen to someone talk	Listen & Answer	49	A	L&R Part 4 and TB Part 3
	Answer T or F	Listen & Answer	49	B	L&R Part 4
Speaking	Pair work	Speaking	49	A	S&W Respond to questions
Expansion: Listening	Listen to two people talk	Listen & Match	50	A	L&R Part 1 and TB Part 1
		Listen & Answer	50	B	L&R Part 4
Expansion: Vocabulary	Label pictures	Look & Answer	50	A&B	S&W Write a sentence based on a picture
	Pair work	Ask & Answer	50	C	S&W Respond to questions
Expansion: Reading	Read a magazine article	Read & Answer	51		L&R Part 7 and TB Part 5
Expansion: Writing	Write about your home	Writing	51		S&W Respond to a written request

Unit 8 Daily routines

Section	Activity	Skills	Page	Exercise	Practice for TOEIC & TOEIC Bridge
Warm-up	Talk about the pictures	Look & Speak	52	A	S&W Describe a picture
Conversation	Read a conversation	Speaking	52	A&B	S&W Read a text aloud
Vocabulary	Look at pictures	Look & Match	53	A	S&W Write a sentence based on a picture
Exchange	Complete the conversation	Listen & Complete	53	A	L&R Part 3 and TB Part 4
	Make a conversation	Speaking	53	B	S&W Read a text aloud
Language in action	Pair work	Speaking	54	A	S&W Describe a picture
		Ask & Answer	54	B	S&W Respond to questions
Listening	Listen to someone talk	Listen & Answer	55	A	L&R Part 4 and TB Part 3
Speaking	Interview your partner	Ask & Answer	55	A&B	S&W Respond to questions
Expansion: Listening	Listen for information	Listen & Match	56	A	L&R Part 1 and TB Part 1
	Circle the correct word	Listen & Answer	56	B	L&R Part 5 and TB Part 4
Expansion: Vocabulary	Pair work	Ask & Answer	56	B&C	S&W Respond to questions
Expansion: Reading	Read the text	Reading	57		L&R Part 7 and TB Part 5
Expansion: Writing	Interview your partner	Writing	57	A&B	S&W Respond to a written request

Unit 9 Leisure

Section	Activity	Skills	Page	Exercise	Practice for TOEIC & TOEIC Bridge
Warm-up	Talk about the pictures	Look & Speak	58	A	S&W Describe a picture
Conversation	Read a conversation	Speaking	58	A&B	S&W Read a text aloud
Vocabulary	Look at pictures	Look & Match	59	A	S&W Write a sentence based on a picture
Exchange	Complete the conversation	Listen & Complete	59	A	L&R Part 3
	Make a conversation	Speaking	59	B	S&W Read a text aloud
Language in action	Talk about pictures	Ask & Answer	60		S&W Describe a picture
Listening	Listen to someone talk	Listen & Answer	61	A	L&R Part 4
		Listen & Answer	61	B	S&W Respond to questions using information provided
Speaking	Make notes	Ask & Answer	61	B	S&W Respond to questions
Expansion: Listening	Listen to a conversation	Listen & Answer	62	A	L&R Part 3
		Listen & Answer	62	B	S&W Respond to questions using information provided
Expansion: Vocabulary	Label pictures	Look & Answer	62	A	S&W Write a sentence based on a picture
	Pair work	Ask & Answer	62	B	S&W Respond to questions
Expansion: Reading	Read a notice	Reading	63	A	L&R Part 7 and TB Part 5
		Read & Answer	63	B	S&W Respond to questions using information provided
Expansion: Writing	Write an invitation to a friend	Writing	63		S&W Respond to a written request
Review 3					
Speaking	Pair work	Speaking	64	A	S&W Respond to questions
	Complete the conversations	Reading	64	B	L&R Part 5 and TB Part 4
Listening check	Listen to a conversation	Listen & Answer	65		L&R Part 3 and TB Part 3
Language check	Complete the sentences	Reading	65	B	L&R Part 5 and TB Part 4

Unit 10 Sports

Section	Activity	Skills	Page	Exercise	Practice for TOEIC & TOEIC Bridge
Warm-up	Talk about the pictures	Look & Speak	66	A	S&W Describe a picture
Conversation	Read a conversation	Speaking	66	A&B	S&W Read a text aloud
Vocabulary	Look at pictures	Look & Match	67	A	S&W Write a sentence based on a picture
Exchange	Complete the conversation	Listen & Complete	67	A	L&R Part 3 and TB Part 4
	Make a conversation	Speaking	67	B	S&W Read a text aloud
Language in action	Pair work	Speaking	68	A	S&W Describe a picture
		Ask & Answer	68	B	S&W Describe a picture
Listening	Listen to someone talk	Listen & Answer	69	A	L&R Part 4
		Listen & Answer	69	B	L&R Part 4 and TB Part 3
Expansion: Listening	Listen to three speakers	Listen & Answer	70	A&B	L&R Part 4
Expansion: Vocabulary	Match words to pictures	Look & Match	70	A	S&W Write a sentence based on a picture
Expansion: Reading	Read an online chat	Read & Answer	71		S&W Respond to questions using information provided
Expansion: Writing	Write an email	Writing	71		S&W Respond to a written request

Unit 11 Food

Section	Activity	Skills	Page	Exercise	Practice for TOEIC & TOEIC Bridge
Warm-up	Talk about the pictures	Look & Speak	72	A	S&W Describe a picture
Conversation	Read a conversation	Speaking	72	A&B	S&W Read a text aloud
Vocabulary	Look at pictures	Look & Match	73	A	S&W Write a sentence based on a picture
		Ask & Answer	73	B	S&W Respond to questions
Exchange	Complete the conversation	Listen & Complete	73	A	L&R Part 3 and TB Part 4
	Make a conversation	Speaking	73	B	S&W Read a text aloud
Language in action	Pair work	Speaking	74	A	S&W Describe a picture
		Ask & Answer	74	B	S&W Describe a picture
Listening	Listen to someone talk	Listen & Answer	75	A&B	L&R Part 4 and TB Part 3
Speaking	Interview a partner	Speak & Write	75	A	S&W Respond to questions and S&W Respond to written requests
Expansion: Listening	Listen to a conversation	Listen & Answer	76	A&B	L&R Part 3
Expansion: Vocabulary	Label pictures	Read, Listen, & Check	76	A&C	S&W Write a sentence based on a picture and L&R Part 4
Expansion: Reading	Complete the statements	Reading	77		L&R Part 7 and TB Part 5
Expansion: Writing	Write about your eating habits	Writing	77		S&W Respond to a written request

Unit 12 Vacations

Section	Activity	Skills	Page	Exercise	Practice for TOEIC & TOEIC Bridge
Warm-up	Talk about the pictures	Look & Speak	78	A	S&W Describe a picture
	Pair work	Speaking	78	B	S&W Express an opinion
Conversation	Read a conversation	Speaking	78	A&B	S&W Read a text aloud
Vocabulary	Label pictures	Look & Match	79	A&B	S&W Write a sentence based on a picture
	Pair work	Ask & Answer	79	C	S&W Respond to questions
Exchange	Complete the conversation	Listen & Complete	79	A	L&R Part 3 and TB Part 4
	Make a conversation	Speaking	79	B	S&W Read a text aloud
Language in action	Pair work	Speaking	80	A	S&W Describe a picture
		Ask & Answer	80	B	S&W Respond to questions
Listening	Listen to someone talk	Listen & Answer	81	A&B	L&R Part 4
Speaking	Interview a partner	Speaking	81	A	S&W Respond to questions
	Make notes	Writing	81	B	S&W Respond to a written request
Expansion: Listening	Listen to three people talk	Listen & Match	82	A	L&R Part 1 and TB Part 1
		Listen & Answer	82	B	L&R Part 4
Expansion: Vocabulary	Label pictures	Read, Listen, & Check	82	A	S&W Write a sentence based on a picture and L&R Part 4
Expansion: Reading	Read a postcard	Read & Answer	83		L&R Part 7 and TB Part 5
Expansion: Writing	Write a postcard	Writing	83		S&W Respond to a written request
Review 4					
Speaking	Pair work	Speaking	84	A	S&W Respond to questions
	Complete the conversations	Reading	84	B	L&R Part 5 and TB Part 4
Listening check	Listen to a conversation	Listen & Answer	85		L&R Part 3 and TB Part 3
Language check	Complete the sentences	Reading	85	B	L&R Part 5 and TB Part 4