

## Unit 1 Memories

Section	Activity	Skills	Page	Exercise	Practice for TOEIC & TOEIC Bridge
Warm-up	Talk about the pictures	Look & Speak	4	A	S&W Describe a picture
	Pair work	Speaking	4	B	S&W Respond to questions
Conversation	Read a conversation	Speaking	4	A&B	S&W Read a text aloud
Vocabulary	Complete the sentences	Reading	5	A&B	L&R Part 5 and TB Part 4
	Pair work	Speaking	5	C	S&W Respond to questions
Exchange	Complete the conversation	Read, Listen, & Check	5	A	L&R Part 5 and TB Part 4
	Practice the conversation	Speaking	5	B	S&W Read a text aloud
Language in action	Take notes	Writing	6	A	S&W Respond to a written request
Listening	Listen to someone talk	Listen & Answer	7	A&B	L&R Part 4
Speaking	Interview a partner	Speaking	7	A	S&W Respond to questions
Expansion: Reading	Read stories	Speaking	8	A	S&W Express an opinion
	Group work	Speaking	8	D	S&W Respond to questions
Expansion: Listening	Listen to someone talk	Listen & Answer	9	B	L&R Part 4
Expansion: Writing	Write about your childhood	Writing	9		S&W Respond to a written request

## Unit 2 Life changes

Section	Activity	Skills	Page	Exercise	Practice for TOEIC & TOEIC Bridge
Warm-up	Talk about the pictures	Look & Speak	10	A	S&W Describe a picture
	Pair work	Speaking	10	B	S&W Respond to questions
Conversation	Read a conversation	Speaking	10	A&B	S&W Read a text aloud
Vocabulary	Complete the sentences	Reading	11	A&B	L&R Part 5 and TB Part 4
Exchange	Complete the conversation	Read, Listen, & Check	11	A	L&R Part 5 and TB Part 4
	Practice the conversation	Speaking	11	B	S&W Read a text aloud
Strategy	Complete the conversation	Reading	11	A	L&R Part 5 and TB Part 4
	Practice the conversation	Speaking	11	B	S&W Read a text aloud
Language in action	Pair work	Speaking	12	A	S&W Respond to questions
		Write & Speak	12	B	S&W Respond to written a request
Listening	Listen to someone talk	Listen & Answer	13	A&B	L&R Part 4
Speaking	Pair work	Speaking	13		S&W Respond to questions
Expansion: Reading	Read a magazine article	Reading	14	A	L&R Part 7 and TB Part 5
Expansion: Listening	Listen to a phone conversation	Listen & Answer	15	A	L&R Part 4
Expansion: Vocabulary	Complete the phrases	Reading	15	A	L&R Part 5 and TB Part 4
	Write sentences	Writing	15	B	S&W Respond to a written request
Expansion: Writing	Write about a life changing event	Writing	15		S&W Respond to a written request

## Unit 3 Viewpoints

Section	Activity	Skills	Page	Exercise	Practice for TOEIC & TOEIC Bridge
Warm-up	Talk about the pictures	Look & Speak	16	A	S&W Describe a picture
	Pair work	Speaking	16	B	S&W Express an opinion
Conversation	Read a conversation	Speaking	16	A&B	S&W Read a text aloud
Exchange	Complete the conversation	Read, Listen, & Check	17	A	L&R Part 5 and TB Part 4
	Practice a conversation	Speaking	17	B	S&W Read a text aloud
Strategy	Group work	Speaking	17	B	S&W Express an opinion
Language in action	Pair work	Speaking	18	A&B	S&W Express an opinion
	Complete the sentences	Reading	18	C	L&R Part 5 and TB Part 4
Listening	Listen to someone talk	Listen & Answer	19	A&B	L&R Part 4
Speaking	Explain your opinion	Speaking	19	A&B	S&W Express an opinion
Expansion: Reading	Complete a questionnaire	Read & Answer	20	A	S&W Express an opinion
	Group work	Speaking	20	B&C	S&W Express an opinion
Expansion: Listening	Listen to a conversation	Listen & Answer	21		L&R Part 4
Expansion: Vocabulary	Complete the conversation	Reading	21	A	L&R Part 5 and TB Part 4
	Practice a conversation	Speaking	21	B	S&W Read a text aloud
Expansion: Writing	Write about your abilities	Writing	21		S&W Write an opinion essay
<b>Review 1</b>					
Speaking	Pair work	Speaking	22	A&B	S&W Respond to questions
Listening check	Listen to two conversations	Listen & Answer	23		L&R Part 3
Language check	Complete the sentences	Reading	23		L&R Part 5 and TB Part 4

## Unit 4 Problems

Section	Activity	Skills	Page	Exercise	Practice for TOEIC & TOEIC Bridge
Warm-up	Talk about the pictures	Look & Speak	24	A	S&W Describe a picture
	Pair work	Speaking	24	B	S&W Express an opinion
Conversation	Read a conversation	Speaking	24	A&B	S&W Read a text aloud
Exchange	Complete the conversation	Read, Listen, & Check	25	A	L&R Part 5 and TB Part 4
	Practice the conversation	Speaking	25	B	S&W Read a text aloud
Strategy	Practice the conversation	Speaking	25	B	S&W Read a text aloud
Language in action	Pair work	Speaking	26	A&B	S&W Respond to questions using information provided
	Group work	Speaking	26	C	S&W Express an opinion
Listening	Listen to someone talk	Listen & Answer	27	A&B	L&R Part 4
Speaking	Interview a partner	Speaking	27	A&B	S&W Respond to questions and S&W Propose solutions
Expansion: Reading	Read two articles	Read & Answer	28	A	L&R Part 7 and TB Part 5
	Complete the phrases	Reading	28	B	L&R Part 5 and TB Part 4
	Pair work	Speaking	28	C	S&W Respond to questions
Expansion: Listening	Listen to three people talk	Listen & Answer	29		L&R Part 4
Expansion: Writing	Write about your hometown	Writing	29		S&W Respond to a written request

## Unit 5 Thinking ahead

Section	Activity	Skills	Page	Exercise	Practice for TOEIC & TOEIC Bridge
Warm-up	Talk about the pictures	Look & Speak	30	A	S&W Describe a picture
	Pair work	Speaking	30	B	S&W Express an opinion
Conversation	Read a conversation	Speaking	30	A&B	S&W Read a text aloud
Vocabulary	Read three opinions	Reading	31	A	L&R Part 5 and TB Part 4
Exchange	Complete the conversation	Read, Listen, & Check	31	A	L&R Part 5 and TB Part 4
	Practice the conversation	Speaking	31	B	S&W Read a text aloud
Strategy	Complete the conversation	Reading	31	A	L&R Part 5 and TB Part 4
	Practice the conversation	Speaking	31	B	S&W Read a text aloud
Language in action	Pair work	Speaking	32	C	S&W Express an opinion
Listening	Listen to someone talk	Listen & Answer	33	A&B	L&R Part 4
	Pair work	Speaking	33	C	S&W Express an opinion
Speaking	Complete the sentences	Reading	33	A	L&R Part 5 and TB Part 4
	Pair work	Speaking	33	B	S&W Respond to questions
Expansion: Reading	Read a magazine article	Read & Answer	34	A	L&R Part 7 and TB Part 5
	Pair work	Speaking	34	B	S&W Express an opinion
Expansion: Listening	Listen to a conversation	Listen & Answer	35		L&R Part 4
Expansion: Writing	Write predictions about the future	Writing	35		S&W Write an opinion essay

## Unit 6 Imagine!

Section	Activity	Skills	Page	Exercise	Practice for TOEIC & TOEIC Bridge
Warm-up	Talk about the pictures	Look & Speak	36	A	S&W Describe a picture
	Pair work	Speaking	36	B	S&W Express an opinion
Conversation	Read a conversation	Speaking	36	A&B	S&W Read a text aloud
Vocabulary	Circle the correct word	Reading	37	B	L&R Part 5 and TB Part 4
Exchange	Complete the conversation	Read, Listen, & Check	37	A	L&R Part 3 and TB Part 4
	Practice a conversation	Speaking	37	B	S&W Read a text aloud
Strategy	Practice a conversation	Speaking	37	B	S&W Read a text aloud
Language in action	Group work	Speaking	38	A&B	S&W Express an opinion
	Group work	Reading	38	C	S&W Propose a solution
Listening	Listen to someone talk	Listen & Answer	39	A&B	L&R Part 4
Speaking	Explain your plans	Ask & Answer	39		S&W Respond to questions
Expansion: Reading	Read an article	Read & Answer	40	A&B	L&R Part 7 and TB Part 5
	Group work	Speaking	40	C	S&W Express an opinion
Expansion: Listening	Listen to a conversation	Listen & Answer	41		L&R Part 4
Expansion: Vocabulary	Complete the phrases	Reading	41		L&R Part 5 and TB Part 4
Expansion: Writing	Write about superstitions	Writing	41		S&W Respond to a written request
<b>Review 2</b>					
Speaking	Pair work	Speaking	42	A&B	S&W Respond to questions
Listening check	Listen to two conversations	Listen & Answer	43		L&R Part 3
Language check	Complete the sentences	Reading	43		L&R Part 5 and TB Part 4

## Unit 7 My world

Section	Activity	Skills	Page	Exercise	Practice for TOEIC & TOEIC Bridge
Warm-up	Talk about the pictures	Look & Speak	44	A	S&W Describe a picture
	Pair work	Speaking	44	B	S&W Respond to questions
Conversation	Read a conversation	Speaking	44	A&B	S&W Read a text aloud
Vocabulary	Pair work	Ask & Answer	45	B	S&W Respond to questions
Exchange	Complete the conversations	Read, Listen, & Check	45	A	L&R Part 5 and TB Part 4
	Practice the conversations	Speaking	45	B	S&W Read a text aloud
Strategy	Complete the conversation	Reading	45	A	L&R Part 5 and TB Part 4
	Practice the conversation	Speaking	45	B	S&W Read a text aloud
Language in action	Pair work	Speaking	46	A	S&W Express an opinion
	Interview people	Speak & Write	46	B&C	S&W Respond to a written request and S&W Respond to questions
	Complete each statement	Writing	46	D	S&W Write an opinion essay
Listening	Listen to someone talk	Listen & Answer	47	A&B	L&R Part 4
Speaking	Complete the statements	Speaking	47		S&W Express an opinion
Expansion: Reading	Complete the quiz	Read & Answer	48	A	L&R Part 7 and TB Part 5
	Pair work	Ask & Answer	48	C	S&W Respond to questions
Expansion: Listening	Listen to three people talk	Listen & Answer	49		L&R Part 4
Expansion: Writing	Write about someone important in your life	Writing	49		S&W Write an opinion

## Unit 8 Past events

Section	Activity	Skills	Page	Exercise	Practice for TOEIC & TOEIC Bridge
Warm-up	Talk about the pictures	Look & Speak	50	A	S&W Describe a picture
	Pair work	Speaking	50	B	S&W Express an opinion
Conversation	Read a conversation	Speaking	50	A&B	S&W Read a text aloud
Vocabulary	Circle the correct word	Reading	51	A	L&R Part 5 and TB Part 4
Exchange	Complete the conversation	Read, Listen, & Check	51	A	L&R Part 5 and TB Part 4
	Practice the conversation	Speaking	51	B	S&W Read a text aloud
Strategy	Complete the conversations	Reading	51	A	L&R Part 5 and TB Part 4
	Practice the conversations	Speaking	51	B	S&W Read a text aloud
Language in action	Pair work	Speaking	52	A&B	S&W Describe a picture
Listening	Listen to someone talk	Listen & Match	53	A	L&R Part 1 and TB Part 1
	Answer T or F	Listen & Answer	53	B	L&R Part 4
Expansion: Reading	Read a newspaper story	Reading	54	A	L&R Part 7 and TB Part 5
Expansion: Listening	Listen to three radio news reports	Listen & Answer	55	A	L&R Part 4
Expansion: Writing	Write about an important life event	Writing	55		S&W Respond to a written request



## Unit 9 Feelings and opinions

Section	Activity	Skills	Page	Exercise	Practice for TOEIC & TOEIC Bridge
Warm-up	Talk about the pictures	Look & Speak	56	A	S&W Describe a picture
	Pair work	Speaking	56	B	S&W Respond to questions
Conversation	Read a conversation	Speaking	56	A&B	S&W Read a text aloud
Vocabulary	Complete the sentences	Reading	57	A	L&R Part 5 and TB Part 4
Exchange	Complete the conversation	Read, Listen, & Check	57	A	L&R Part 3 and TB Part 4
	Practice a conversation	Speaking	57	B	S&W Read a text aloud
Strategy	Complete the conversations	Reading	57	B	L&R Part 5 and TB Part 4
	Practice the conversations	Speaking	57	C	S&W Read a text aloud
Language in action	Pair work	Ask & Answer	58	A	S&W Respond to questions
	Write notes	Writing	58	B	S&W Respond to a written request
Listening	Complete the conversation	Listen & Answer	59	B	L&R Part 4
Speaking	Interview classmates	Ask & Answer	59	A	S&W Respond to questions
Expansion: Reading	Pair work	Speaking	60	B	S&W Express an opinion
Expansion: Listening	Listen to five people talk	Listen & Answer	61	A	L&R Part 4
Expansion: Writing	Write a short movie review	Writing	61		S&W Write an opinion essay
<b>Review 3</b>					
Speaking	Pair work	Speaking	62	A&B	S&W Respond to questions
Listening check	Listen to two conversations	Listen & Answer	63		L&R Part 3
Language check	Complete the sentences	Reading	63		L&R Part 5 and TB Part 4

## Unit 10 What if ... ?

Section	Activity	Skills	Page	Exercise	Practice for TOEIC & TOEIC Bridge
Warm-up	Talk about the pictures	Look & Speak	64	A	S&W Describe a picture
	Pair work	Speaking	64	B	S&W Express an opinion
Conversation	Read a conversation	Speaking	64	A&B	S&W Read a text aloud
Exchange	Complete the conversation	Read, Listen, & Check	65	A	L&R Part 5 and TB Part 4
	Practice the conversation	Speaking	65	B	S&W Read a text aloud
Strategy	Practice the conversations	Speaking	65	B	S&W Read a text aloud
Language in action	Pair work	Ask & Answer	66	A&B	S&W Respond to questions
Listening	Listen to someone talk	Listen & Answer	67	B	L&R Part 4
Speaking	Complete the sentences	Writing	67	A	S&W Respond to a written request
Expansion: Reading	Answer a questionnaire	Ask & Answer	68	B	S&W Respond to questions
Expansion: Listening	Listen to someone talk	Listen & Answer	69	A	L&R Part 4
Expansion: Vocabulary	Complete the sentences	Reading	69		L&R Part 5 and TB Part 4
Expansion: Writing	Write about living in another country	Writing	69		S&W Respond to a written request

## Unit 11 Work it out

Section	Activity	Skills	Page	Exercise	Practice for TOEIC & TOEIC Bridge
Warm-up	Talk about the pictures	Look & Speak	70	A	S&W Describe a picture
	Pair work	Speaking	70	B	S&W Respond to questions
Conversation	Read a conversation	Speaking	70	A&B	S&W Read a text aloud
Exchange	Complete the conversation	Read, Listen, & Check	71	A	L&R Part 5 and TB Part 4
	Practice the conversation	Speaking	71	B	S&W Read a text aloud
Strategy	Complete the conversations	Reading	71	A	L&R Part 5 and TB Part 4
	Practice the conversations	Speaking	71	B	S&W Read a text aloud
Language in action	Pair work	Look & Speak	72		S&W Describe a picture
Listening	Listen to someone talk	Listen & Answer	73	A&B	L&R Part 4
Expansion: Reading	Read a story	Reading	74	B	S&W Express an opinion
Expansion: Listening	Listen to three descriptions	Listen & Answer	75		L&R Part 1 and TB Part 1
Expansion: Vocabulary	Pair work	Reading	75	C	S&W Express an opinion
Expansion: Writing	Write about your personality	Writing	75		S&W Respond to a written request

## Unit 12 Looking back

Section	Activity	Skills	Page	Exercise	Practice for TOEIC & TOEIC Bridge
Warm-up	Talk about the pictures	Look & Speak	76	A	S&W Describe a picture
	Pair work	Speaking	76	B	S&W Express an opinion
Conversation	Read a conversation	Speaking	76	A&B	S&W Read a text aloud
Vocabulary	Complete the sentences	Reading	77	A	L&R Part 5 and TB Part 4
Exchange	Complete the sentences	Read, Listen, & Check	77	A	L&R Part 5 and TB Part 4
	Practice a conversation	Speaking	77	B	S&W Read a text aloud
Strategy	Pair work	Speaking	77	B	S&W Read a text aloud
Language in action	Pair work	Speaking	78		S&W Describe a picture
Listening	Listen to someone talk	Listen & Answer	79	A&B	L&R Part 4
Speaking	Pair work	Ask & Answer	79	B	S&W Respond to questions
Expansion: Listening	Listen to a news report	Listen & Answer	81	A&B	L&R Part 4
Expansion: Vocabulary	Match the verbs	Reading	81	A	L&R Part 5 and TB Part 4
	Pair work	Ask & Answer	81	B	S&W Respond to questions
Expansion: Writing	Write about a famous landmark	Writing	81		S&W Respond to a written request
<b>Review 4</b>					
Speaking	Pair work	Speaking	82	A&B	S&W Respond to questions
Listening check	Listen to two conversations	Listen & Answer	83		L&R Part 3
Language check	Complete the sentences	Reading	83		L&R Part 5 and TB Part 4