

## Unit 1 Nice to meet you

Section	Content	Activity	Skills	Page	Exercise	Skill building for TOEIC
Introduction	Self & society	Look at pictures	Writing	9	A	S&W Write a sentence based on a picture
		Pair work	Ask & Answer	9	B	S&W Respond to questions
Writing	Completing an online registration form	Look at a webpage	Look & Answer	10	A	S&W Respond to a written request
		Complete an online registration form	Writing	10	B	S&W Respond to a written request
Vocabulary	Useful questions	Listen to questions	Listen & Repeat	11	A	S&W Read a text aloud
		Look at pictures	Look & Match	11	B	L&R Part 1
Grammar	<i>be</i> —statements and <i>yes/no</i> questions	Read a conversation	Read & Answer	12	A	L&R Part 7
		Circle the correct word	Reading	12	C	L&R Part 5
		Pair work	Speaking	13	D	S&W Read a text aloud
Pronunciation	The alphabet	Listen to the alphabet	Listen & Categorize	13	A	S&W Read a text aloud
Speaking	Using polite language	Group work	Ask & Answer	13	B	S&W Respond to questions
Vocabulary	Ordinal numbers	Complete the sentences	Reading	14	B	L&R Part 5
Grammar	<i>be—wh-</i> questions	Listen to a conversation	Listen & Answer	14	A	L&R Part 3 and L&R Part 5
		Group work	Ask & Answer	15	D	S&W Respond to questions and L&R Part 2
Listening	A voicemail message	Circle the correct word	Listen & Answer	15	A	L&R Part 3
lifeSkills	Understanding forms	Match the phrases to the correct pictures	Look & Match	16	A	S&W Write a sentence based on a picture
		Complete the forms	Listen & Answer	16	B	L&R Part 4
		Complete a form	Writing	17	C	S&W Respond to a written request
Language wrap-up: Vocabulary		Complete the conversations	Reading	18	A	L&R Part 6
		Complete the sentences	Reading	18	B	L&R Part 5
Language wrap-up: Grammar		Circle the correct word	Reading	18		L&R Part 6

## Unit 2 What do you do?

Section	Content	Activity	Skills	Page	Exercise	Skill building for TOEIC
Introduction	Work & career	Look at pictures	Look & Match	19	A	S&W Write a sentence based on a picture
Vocabulary	Occupations	Look at pictures	Writing	20	A	S&W Write a sentence based on a picture
Pronunciation	Two-syllable nouns	Pair work	Read & Speak	21	B	S&W Read a text aloud
Grammar	Articles	Read two texts	Read & Answer	21	A	L&R Part 7
		Circle the correct word	Reading	21	B	L&R Part 5
		Complete the sentences	Reading	21	C	L&R Part 5
Vocabulary	Family members	Match words to the pictures	Listen & Match	22	B	L&R Part 1
Listening	Specific information	Complete the sentences	Listen & Answer	22	B	L&R Part 2
		Complete the sentences	Listen & Answer	22	C	L&R Part 3
Reading	A celebrity biography	Read a text	Read & Speak	23	A	S&W Respond to questions
		Answer the questions	Read & Write	23	B	L&R Part 7
		Group work	Read & Speak	23	C	S&W Respond to questions
Writing	Understanding the mechanics	Answer the questions	Read & Write	23	B	S&W Respond to a written request
Grammar	Possession	Circle the correct word	Read	24	C	L&R Part 5
		Pair work	Speaking	25	D	S&W Describe a picture
Speaking	Talking about family	Listen to a conversation	Listen & Speak	25	A	L&R Part 3 and S&W Respond to questions
		Pair work	Ask & Answer	25	C	S&W Respond to questions
lifeSkills	Categorizing	Answer the questions	Look & Answer	26	A	S&W Describe a picture
		Pair work	Look, Read, & Answer	26	B	S&W Describe a picture
		Complete a questionnaire	Read & Answer	27	C	L&R Part 7
Language wrap-up: Vocabulary		Complete the sentences	Read & Answer	28		L&R Part 7
Language wrap-up: Grammar		Complete the sentences	Reading	28	A	L&R Part 5
		Circle the correct word	Reading	28	B	L&R Part 5

## Unit 3 Down time

Section	Content	Activity	Skills	Page	Exercise	Skill building for TOEIC
Grammar	Simple present—statements and yes/no questions	Listen to a conversation	Listen & Answer	30	A	L&R Part 3
		Complete the sentences	Reading	30	C	L&R Part 5
		Pair work	Ask & Answer	30	D	S&W Respond to questions and L&R Part 2
Pronunciation	3rd person –s	Pair work	Listen & Repeat	31	B	S&W Read a text aloud
Listening	A radio show	Group work	Ask & Answer	32	B	S&W Respond to questions and L&R Part 2
Vocabulary	Free-time activities	Answer questions	Look & Answer	32	A	S&W Write a sentence based on a picture
Grammar	Simple present—information questions	Read a text	Read & Answer	33	A	L&R Part 7 and S&W Respond to questions
		Pair work	Ask & Answer	33	D	S&W Respond to questions and L&R Part 2
Speaking	Asking for opinions	Listen to a conversation	Listen & Answer	34	A	L&R Part 3
		Group work	Ask & Answer	34	C	S&W Respond to questions and L&R Part 2
Vocabulary	Personality adjectives	Pair work	Read & Answer	35	B	L&R Part 7
Writing	Yourself and your interests	Class work	Speaking	35	A	S&W Respond to questions
		Read a webpage	Read & Answer	35	B	L&R Part 7
		Describe yourself	Writing	35	C	S&W Respond to a written request
Language wrap-up: Grammar		Complete the conversation	Reading	38	B	L&R Part 5

## Unit 4 Day in, day out

Section	Content	Activity	Skills	Page	Exercise	Skill building for TOEIC
Introduction	Self & society	Pair work	Speaking	39	B	S&W Express an opinion
Reading	A magazine article	Read a text	Speaking	40	A	S&W Respond to questions using information provided
Grammar	Frequency adverbs and adverbial phrases	Listen to a conversation	Listen & Speak	41	A	S&W Respond to questions using information provided
Pronunciation	Days of the week	Pair work	Speak & Listen	42	B	S&W Read a text aloud
Listening	Specific information	Listen to an interview	Listen & Match	42	A	L&R Part 1
		Listen for activities	Listen & Answer	42	B	L&R Part 2
		Pair work	Speaking	42	C	S&W Respond to questions
Vocabulary	Prepositions of time	Circle the correct word	Reading	43	A	L&R Part 5
		Complete the sentences	Writing	43	C	L&R Part 5
Speaking	Talking about interesting activities	Listen to a conversation	Listen & Answer	43	A	S&W Respond to questions using information provided
		Group work	Speaking	43	B	S&W Respond to questions
Grammar	Clauses with <i>until, before, after</i>	Complete the sentences	Reading	44	C	L&R Part 5
		Pair work	Speak & Listen	44	D	S&W Respond to questions
Writing	Understanding the mechanics	Write sentences	Writing	45	C	S&W Respond to a written request
lifeSkills	Managing your time	Complete the questionnaire	Reading	46	A	S&W Propose a solution
		Pair work	Speaking	47	C	S&W Respond to questions
Language wrap-up: Vocabulary		Circle the correct word	Reading	48	B	L&R Part 5

## Unit 5 Here, there, and everywhere

Section	Content	Activity	Skills	Page	Exercise	Skill building for TOEIC
Introduction	Self & society	Look at pictures	Look & Answer	49	A	S&W Describe a picture
Grammar	<i>there is / there are with some, any, several, a lot of, many</i>	Read a text	Read & Answer	50	A	L&R Part 7
		Complete the sentences	Reading	50	B	L&R Part 5
		Circle the correct word	Reading	50	C	L&R Part 5
Vocabulary	Places and attractions in a city	Pair work	Speaking	51	B	S&W Respond to questions
Pronunciation	Compound nouns	Class work	Listen & Repeat	51	A	S&W Read a text aloud
		Pair work	Listen & Repeat	51	B	S&W Read a text aloud
		Pair work	Writing & Speaking	51	C	S&W Respond to a written request and S&W Read a text aloud
Reading	The main idea	Pair work	Speaking	52	C	S&W Respond to questions
Listening	A news report	Listen to a news report	Listening	52	A	L&R Part 4
			Listen & Answer	52	B	L&R Part 4
		Group work	Speaking	52	C	S&W Express an opinion
Grammar	The imperative	Listen to a conversation	Listen & Answer	53	A	L&R Part 3 and L&R Part 7
		Group work	Speaking	53	D	S&W Read a text aloud
Vocabulary	Locations and directions	Match information to pictures	Read & Match	54	A	L&R Part 1
		Pair work	Ask & Answer	54	B	S&W Respond to questions and L&R Part 2
Speaking	Repeating directions to check understanding	Pair work	Ask & Answer	55	B	S&W Respond to questions and L&R Part 2
Writing	An email to give directions	Read an email	Read & Answer	55	A	L&R Part 7
		Write an email	Look & Write	55	B	S&W Respond to a written request
lifeSkills	Establishing priorities	Pair work	Writing	56	B	S&W Respond to a written request
		Pair work	Writing	57	C	S&W Write an opinion essay
		Complete the sentences	Reading & Writing	57	D	L&R Part 6
		Class work	Speaking	57	E	S&W Read a text aloud
Language wrap-up: Vocabulary		Complete the sentences	Look & Answer	58	B	S&W Write a sentence based on a picture
Language wrap-up: Grammar		Circle the correct word	Reading	58		L&R Part 6

## Unit 6 Different strokes

Section	Content	Activity	Skills	Page	Exercise	Skill building for TOEIC
Vocabulary	Lifestyle adjectives	Look at pictures	Look & Match	60	A	S&W Write a sentence based on a picture
Reading	Personal profiles	Pair work	Read & Answer	60	B	S&W Respond to questions
Listening	Numerical information	Listen to numbers	Listen & Repeat	61	B	S&W Read a text aloud
		Listen for information	Listen & Answer	61	D	L&R Part 2
Grammar	Present progressive	Listen to a conversation	Listen & Answer	62	A	L&R Part 3
		Complete the sentences	Reading	62	C	L&R Part 5
Pronunciation	/ŋ/	Listen to words	Listen & Repeat	63	B	S&W Read a text aloud
		Pair work	Read & Speak	63	C	S&W Read a text aloud
Speaking	Talking to an old friend	Pair work	Ask & Answer	63	B	S&W Respond to questions
Vocabulary	A green lifestyle	Look at pictures	Look & Match	64	A	L&R Part 1
		Group work	Ask & Answer	64	C	S&W Respond to questions
		Class work	Speaking	64	D	S&W Express an opinion
Grammar	Present progressive vs. simple present	Read a newsletter	Read & Answer	64	A	L&R Part 7
		Circle the correct word	Reading	65	C	L&R Part 5
		Write sentences	Writing	65	D	S&W Respond to a written request
Writing	Simple sentences	Look at pictures	Writing	65	B	S&W Write a sentence based on a picture
lifeSkills	Making personal change	Complete a chart	Writing	66	A	S&W Respond to a written request
		Make a chart	Writing	67	C	S&W Respond to a written request
		Pair work	Speaking	67	D	S&W Propose a solution
Language wrap-up: Vocabulary		Complete the sentences	Reading	68	A	L&R Part 5
		Complete the sentences	Read & Write	68	B	L&R Part 5
Language wrap-up: Grammar		Complete the sentences	Reading	68		L&R Part 6

## Unit 7 You have talent!

Section	Content	Activity	Skills	Page	Exercise	Skill building for TOEIC
Introduction	Work & career	Look at pictures	Look & Speak	69	A	S&W Describe a picture
		Class work	Read & Speak	69	B	S&W Respond to questions
Vocabulary	Personality adjectives	Pair work	Look & Speak	70	B	S&W Describe a picture
		Pair work	Speaking	70	C	S&W Express an opinion
Writing	A personal reference	Write a reference	Writing	71	B	S&W Write an opinion essay
Reading	Main idea	Group work	Speaking	71	E	S&W Respond to questions
Grammar	<i>can/can't</i> —ability	Look at pictures	Look & Match	72	A	L&R Part 1
		Complete the sentences	Reading	72	B&C	L&R Part 5
		Pair work	Ask & Answer	73	D	S&W Respond to questions
Pronunciation	<i>can/can't</i>	Listen to the sentences	Listen & Repeat	73	B	S&W Read a text aloud
Vocabulary	Talents and abilities	Complete the sentences	Reading	73	A	L&R Part 5
		Group work	Speaking	73	B	S&W Respond to questions
		Class work	Speaking	73	C	S&W Express an opinion
Listening	A review of a TV show	Pair work	Speaking	74	C	S&W Respond to questions
Grammar	Adverbs of manner	Complete the sentences	Reading	75	C	L&R Part 5
		Group work	Speaking	75	D	S&W Express an opinion
Speaking	Showing interest	Look at pictures	Speaking	75	A	S&W Describe a picture
		Listen to expressions	Speaking	75	C	S&W Read a text aloud
		Pair work	Speaking	75	D	S&W Express an opinion
Language wrap-up: Vocabulary		Complete the sentences	Reading	78		L&R Part 7

## Unit 8 Shopping around

Section	Content	Activity	Skills	Page	Exercise	Skill building for TOEIC
Introduction	Work & career	Pair work	Speaking	79	B	S&W Express an opinion
Grammar	<i>this, that, these, those</i>	Listen to a conversation	Listen & Answer	80	A	S&W Respond to questions
		Pair work	Ask & Answer	81	D	S&W Describe a picture
Speaking	Asking to try on clothes in a store	Pair work	Ask & Answer	81	C	S&W Respond to questions
Vocabulary	Adjectives for describing gadgets	Complete the sentences	Reading	82	B	L&R Part 6
		Pair work	Ask & Answer	82	C	S&W Respond to questions
Reading	Completing a survey	Read a text	Read & Answer	83	A	L&R Part 7
		Read a conversation	Read & Answer	83	B	L&R Part 7
Pronunciation	Emphasis with <i>this, that, these, those</i>	Pair work	Read & Speak	84	B	S&W Read a text aloud
Grammar	Comparative adjectives	Pair work	Speaking	85	D	S&W Express an opinion
Writing	Compound sentences	Write sentences	Writing	85	B	S&W Respond to a written request
lifeSkills	Making choices	Summarize the messages	Writing	86	A	S&W Respond to a written request
		Pair work	Speaking	87	D	S&W Express an opinion
Language wrap-up: Vocabulary		Complete the sentences	Writing	88	A	S&W Write a sentence based on a picture
		Complete the sentences	Reading	88	B	L&R Part 7
Language wrap-up: Grammar		Complete the conversations	Reading	88		L&R Part 5



## Unit 9 Let's eat!

Section	Content	Activity	Skills	Page	Exercise	Skill building for TOEIC
Vocabulary	Food	Group work	Ask & Answer	90	D	S&W Respond to questions
Grammar	Count and noncount nouns with <i>some, any, much, many</i>	Group work	Ask & Answer	91	D	S&W Respond to questions
Listening	Taking phone messages	Read two messages	Read & Answer	92	A	L&R Part 7
Speaking	Using phone language	Listen to two conversations	Listen & Answer	92	A	S&W Respond to questions using information provided
Grammar	Verb phrases	Listen to a conversation	Listen & Answer	93	A	S&W Respond to questions using information provided
		Complete the sentences	Read & Answer	93	C	L&R Part 6
		Group work	Ask & Answer	93	D	S&W Respond to questions
Vocabulary	Ordering in a restaurant	Complete a menu	Look & Answer	94	A	S&W Write a sentence based on a picture
		Complete the conversation	Read & Answer	94	B	L&R Part 6
		Group work	Read & Speak	94	C	S&W Read a text aloud
Pronunciation	Weak to	Listen to the conversations	Read & Repeat	94	B	L&R Part 3
		Group work		95	D	S&W Respond to questions
Writing	A restaurant review	Read a blog	Read & Speak	95	A	S&W Respond to questions using information provided
		Write a blog entry	Writing	95	B	S&W Respond to written request
		Group work	Speaking	95	C	S&W Respond to questions
lifeSkills	Making a plan	Group work	Speaking	96	A	S&W Express an opinion
		Complete the notes	Writing	97	C	S&W Respond to a written request
		Group work	Speaking	97	D	S&W Express an opinion
Language wrap-up: Vocabulary		Complete the conversation	Reading	98		L&R Part 6
Language wrap-up: Grammar		Complete the sentences	Reading	98	A	L&R Part 6
		Circle the correct word	Reading	98	B	L&R Part 6

## Unit 10 Speaking of the past

Section	Content	Activity	Skills	Page	Exercise	Skill building for TOEIC
Introduction	Study & learning	Pair work	Speaking	99	C	S&W Respond to questions
Grammar	Simple past—affirmative statements	Read a text	Read & Answer	100	A	L&R Part 7
		Complete the sentences	Reading	100	C	L&R Part 6
Pronunciation	–ed endings	Listen to verbs	Listen & Repeat	101	B	S&W Read a text aloud
Reading	A survey	Read a text	Read & Answer	101	A	L&R Part 7
Grammar	Simple past—questions and negative statements	Listen to a conversation	Listen & Answer	102	A	L&R Part 3
Writing	Sequencing and connecting ideas	Write a story	Writing	104	C	S&W Respond to a written request
		Pair work	Read, Speak, & Answer	104	D	S&W Read a text aloud and S&W Respond to questions using the information provided
Vocabulary	Memorable experiences	Write sentences	Writing	105	B	S&W Respond to a written request
		Group work	Speaking	105	C	S&W Read a text aloud
Speaking	Talking about a past experience	Listen to a conversation	Listen & Answer	105	A	S&W Respond to questions using information provided
		Write about past experiences	Writing	105	B	S&W Respond to a written request
lifeSkills	Taking notes on a text	Read a magazine article	Read & Answer	106	A	S&W Respond to questions using information provided
		Pair work	Read & Speak	107	D	S&W Read a text aloud
		Pair work	Ask & Answer	107	G	S&W Respond to questions using information provided
Language wrap-up: Vocabulary		Complete the sentences	Reading	108		L&R Part 6
Language wrap-up: Grammar		Complete the sentences	Reading	108		L&R Part 6

## Unit 11 Great lives

Section	Content	Activity	Skills	Page	Exercise	Skill building for TOEIC
Introduction	Study & learning	Talk about the pictures	Look & Speak	109	A	S&W Describe a picture
Vocabulary	Life events	Look at pictures	Look & Match	110	A	S&W Write a sentence based on a picture
Listening	A life story	Listen to a life story	Listen & Answer	110	B	L&R Part 4
		Class work	Ask & Answer	110	C	S&W Respond to questions using information provided
Grammar	Simple past with <i>when</i> clauses	Read a text	Read & Answer	111	A	S&W Respond to questions using information provided
Reading	Scanning for specific information	Read a text	Read & Write	112	A	L&R Part 6
		Pair work	Ask & Answer	112	B	S&W Respond to questions and L&R Part 5
		Pair work	Ask & Answer	112	D	S&W Respond to questions
Vocabulary	Historical events	Complete the sentences	Read & Answer	112	A	L&R Part 5
		Class work	Read & Write	112	B	S&W Respond to a written request
Speaking	Taking time to think	Group work	Read & Answer	113	B	S&W Respond to questions using information provided
Grammar	Direct and indirect objects	Read a text	Read & Answer	114	A	L&R Part 7
		Group work	Ask & Answer	114	D	S&W Respond to questions
Pronunciation	Object pronouns	Pair work	Listen & Repeat	115	B	S&W Read a text aloud
Writing	A short biography	Write a biography	Writing	115	B	S&W Respond to a written request
lifeSkills	Brainstorming in a group	Group work	Writing	117	E	S&W Respond to a written request
		Group work	Read & Speak	117	F	S&W Read a text aloud
Language wrap-up: Vocabulary		Complete the sentences	Reading	118		L&R Part 6

## Unit 12 In the near future

Section	Content	Activity	Skills	Page	Exercise	Skill building for TOEIC
Introduction	Study & learning	Class work	Speaking	119	B	S&W Respond to questions
Grammar	Present progressive as future	Listen to a conversation	Listen & Answer	120	A	S&W Respond to questions
		Complete the sentences	Reading	120	C	L&R Part 5
Pronunciation	Verbs ending in <i>-y</i> and <i>-ing</i>	Pair work	Read, Listen & Repeat	121	B	S&W Read a text aloud
Listening	Understanding the main idea	Listen to a conversation	Listen & Answer	121	B&C	L&R Part 3
		Class work	Speaking	121	D	S&W Express an opinion
Vocabulary	Phrases with <i>go</i>	Class work	Listen & Repeat	122	A	S&W Read a text aloud
Grammar	<i>going to</i>	Listen to a conversation	Listen & Answer	122	A	L&R Part 3
		Look at pictures	Writing	123	C	S&W Write a sentence based on a picture
Speaking	Talking about plans	Pair work	Read & Answer	124	A	S&W Respond to questions using information provided
		Make notes	Writing	124	B	S&W Respond to a written request
Vocabulary	Intentions	Write sentences	Writing	124	B	S&W Respond to a written request
		Pair work	Speaking	124	C	S&W Read a text aloud
Writing	Sequencing and connecting ideas	Write five things you are going to do	Writing	124	B	S&W Respond to a written request
		Write about things you are going to change	Writing	124	C	S&W Respond to a written request
Reading	A blog	Read a blog	Reading	125	A	L&R Part 7
		Write a comment	Writing	125	C	S&W Respond to a written request
		Group work	Speaking	125	D	S&W Read a text aloud
Language wrap-up: Vocabulary		Complete the sentences	Reading	128	A&B	L&R Part 5
Language wrap-up: Grammar		Complete the sentences	Reading	128	A	L&R Part 5
		Complete the conversation	Reading	128	B	L&R Part 6