

Developing Life Skills at Pre-Primary and Primary level

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For our very young learners, life skills fall into two major categories:

Learning about acceptable and good behaviour.

Learning to become independent and responsible.



Being sociable

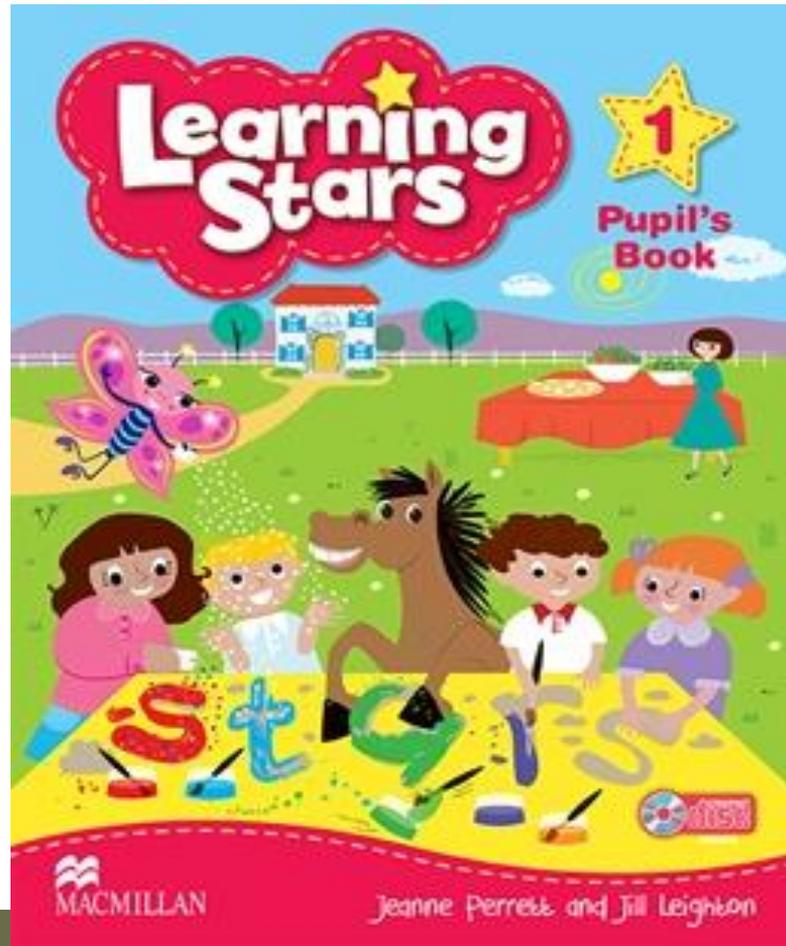
Being responsible

Being prepared

Being safe



All of the **life skills** mentioned in this talk are taken from the new pre-primary course



**Most of the life skills needed
by young children can be
taught by example.**

**Some need more
reinforcement than others.**



For some we can use drama activities and role plays.

I get up early on school days.

I know when it's my bedtime.



We can use costumes and props.
I get dressed by myself.



6 Lesson 5

I want my coat

1



2



1



2



38

PHSE

Listen and tick.
Sing and do actions.



Play 'shops'

I eat healthy food



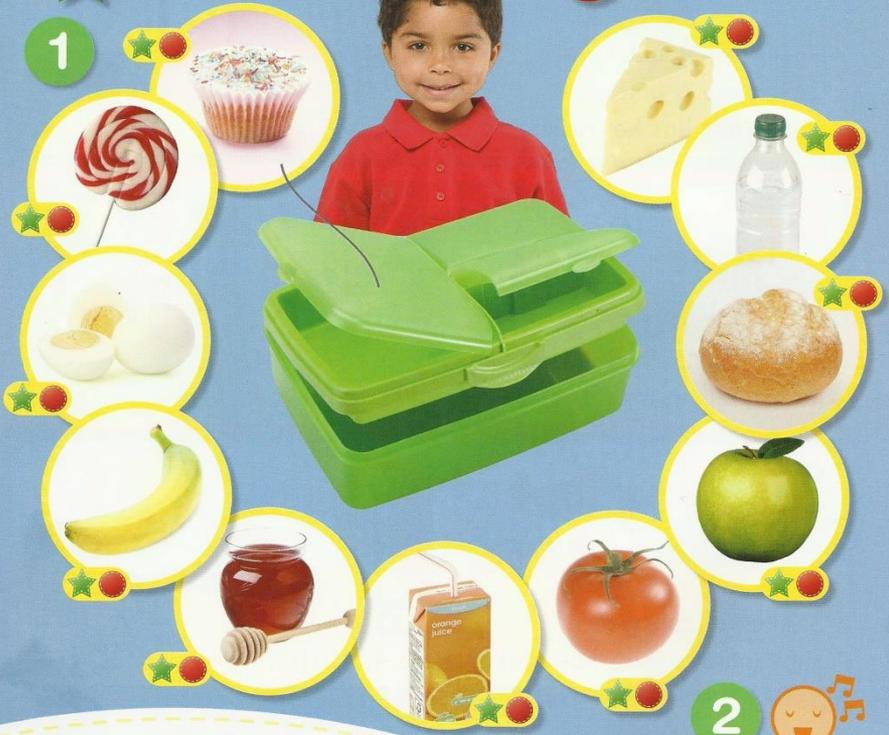
7 Lesson 5

Make a healthy lunchbox

 Yes, please!

 No, thank you!

1



2 

1  

2 

44

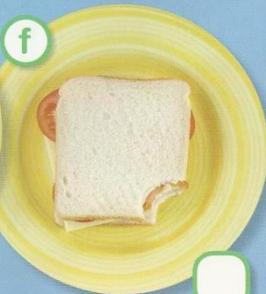
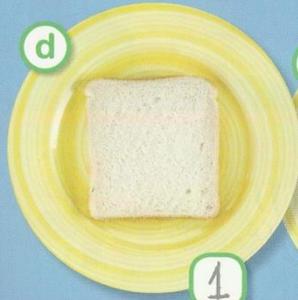
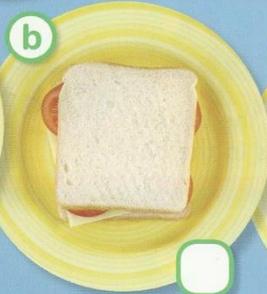
Science Listen and circle. Sing.

9 Lesson 5

Make a sandwich!



1



56



Food and Nutrition

Listen and number the pictures in order.



Crossing the road



We can teach the same life skill in many different ways.



5 Lesson 5

Left, right



2



3

32

1

2

3

Physical Education

Listen and play.
Point and say *left* or *right*.
Sing and do the actions.



We can reinforce using charts and worksheets in the classroom.



We can have races which involve skills



Going to school race

Run to your coat

Put your coat on

Run to your bag and pick it up

Run to your book-put it in your bag

Run to your pencil case-put that in your bag too

Run to the finishing line



Go to bed race

Run to your pyjama bottoms

Put them on.

Run to your pyjama top

Put that on

Run to your toothbrush-pick it up

Run to your glass of water-fill it from a bottle

Run to the finishing line



We can use toys and puppets.

I can wash myself.



I wear my seat belt.



We can use craft activities too.

I remember to clean my teeth.

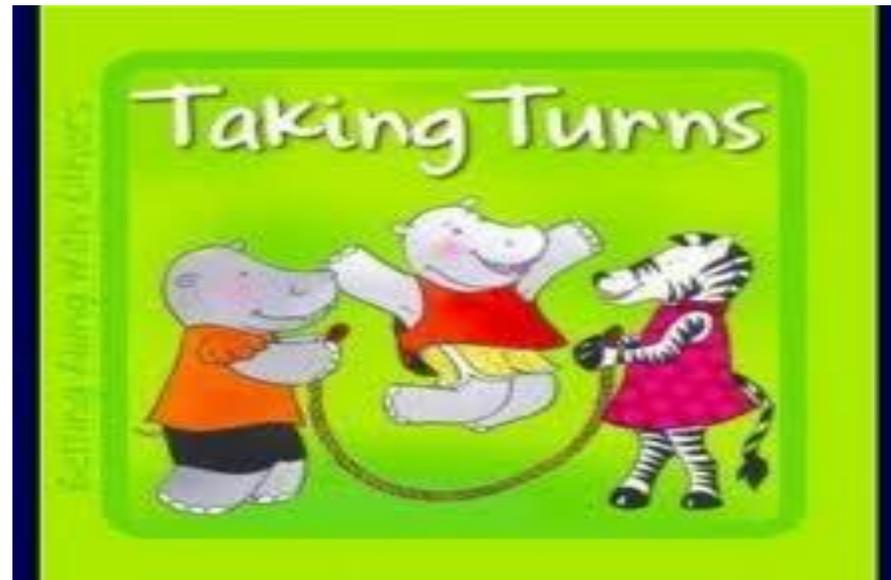


We can play games to teach good social behaviour

Play 'litter basketball'



I play nicely. I take turns.
Skipping games are good
for this.



**We can allocate (and expect)
responsibility.**

I keep my school tidy.

I help my friends at school.



Unit 2 My school

Lesson 1





Listen.
Play and chant.

Grammar

Point and say
together
What's this? It's a ...



**Many life skills are best taught by
example, positive reinforcement
and praise.**

I love my family.

I think about others.

I'm polite.

I'm kind to my friends.



Unit 5

Lesson 1

My body



1



2



3



28

Value

I think about others.

New Words

Listen and repeat.
Listen.
Play and say.



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Listen.
Sing.

Grammar

Point and say together
He's / She's got ...
He / She hasn't got ...

Some things we can practise every day at school.

I remember to wash my hands before I eat.



**Some things we can simply learn
by heart.**

I know my address.



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**And some things take a lot longer
to learn than others.**

I know we're all different.



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