

## Lesson: **Staying Safe Online**

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<p><b>Length:</b> 45-60 minutes</p> <p><b>Learning Outcomes:</b></p> <ul style="list-style-type: none"><li>▪ to understand the importance of keeping social media profiles protected</li><li>▪ to think about how to use social networks safely</li><li>▪ to be able to give advice to others on staying safe online</li></ul> <p><b>Key Vocabulary:</b></p> <p>Back up, Privacy, Password, Profile, Hacker, Scam, Update, Virus, Download, Post.</p> <p>Phishing, trolling, shoulder surfing, pharming, instant messaging, fapottage, flaming, firewall, influencer, hashtag.</p>	<p><b>Materials:</b></p> <ul style="list-style-type: none"><li>▪ Video lesson including the Gateway 2<sup>nd</sup> edition Life Skills video content (Level B1, Unit 10)</li><li>▪ PowerPoint presentation</li><li>▪ Student's worksheet</li></ul> <p>Students will need notebooks and pens.</p>
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## PROCEDURE

<b>Stage 1</b>	
<p><b>Lesson warm-up and topic introduction</b></p> <p><b>Slides 2 &amp; 3</b></p>	<p>Introduce the idea that the internet is a brilliant place with huge benefits. It has also allowed us to carry out many really important functions during the COVID-19 pandemic. Ask students which ones have been particularly important for them during lockdown and why. If the class is online, get students to raise their hands so you can unmute their microphones for them to answer. Alternatively, ask students to type in the chatbox and then summarise their answers for the whole class.</p>

<p><b>Lesson warm-up and topic introduction</b></p> <p><b>Slides 2 &amp; 3</b></p>	<p>Remind students that the internet, and especially social media, is not all happy parties and fun games. It also poses some major risks that we all need to be aware of, however much or little we use it. Tell students not to worry about understanding every word on this list – they will be looking at new vocabulary next.</p> <p>Introduce the idea that the internet is a brilliant place with huge benefits. It has also allowed us to carry out many really important functions during the COVID-19 pandemic. Ask students which ones have been particularly important for them during lockdown and why. If the class is online, get students to raise their hands so you can unmute their microphones for them to answer. Alternatively, ask students to type in the chatbox and then summarise their answers for the whole class.</p> <p>Remind students that the internet, and especially social media, is not all happy parties and fun games. It also poses some major risks that we all need to be aware of, however much or little we use it. Tell students not to worry about understanding every word on this list – they will be looking at new vocabulary next.</p> <p><i>Optional extra:</i> these videos give more examples of the benefits of the internet and how people have been using it during lockdown!</p> <p><a href="https://www.youtube.com/watch?v=A09mbhffBcA">https://www.youtube.com/watch?v=A09mbhffBcA</a> (benefits of internet)</p> <p><a href="https://www.youtube.com/watch?v=SsHzl9cK1ls&amp;t=9s">https://www.youtube.com/watch?v=SsHzl9cK1ls&amp;t=9s</a> (TikTok family challenge)</p>
<p><b>Stage 2</b></p>	
<p><b>Useful words and expressions</b></p> <p><b>Slides 4 - 9</b></p>	<p>Ask students how many words in List 1 they already know. If most of the class know more than 7 out of 10, then move onto List 2 instead. Alternatively, do List 1 in class and set List 2 for homework.</p> <p>List 1: Students read the description and then fill in the missing letters.</p> <p>List 2: Students match the word to the correct description.</p> <p>If the class is online, invite volunteers to raise their hand to answer or type the answer into the chat box.</p>
<p><b>Stage 3</b></p>	
<p><b>Activity: Students analyse their own awareness of internet security</b></p>	<p>Ask students to complete the following chart for themselves. They should answer honestly and keep/remember their answers as they will need them again at the end of the lesson.</p>

**Activity:  
Students  
analyse  
their own  
awareness  
of internet  
security**

**Slide 10**

	Never	Some-times	Often	Always
I use the same password for my online accounts				
I keep my password/passwords private				
I tell my parents or a trusted adult if I see something upsetting online				
I change my password				
I accept friend/follower requests from people I don't know				
I log out of internet sites				
I post photos of myself on social media sites				
I install software updates on my phone				
I check information is true before sharing it online				
I check the security and privacy settings of new apps I use				

If you are running the lesson online, why not prepare a digital survey or form instead so that the class can remain anonymous and see their results straightaway.

Survey Monkey and Google Classrooms are both free to use.

[www.surveymonkey.co.uk](http://www.surveymonkey.co.uk)

<https://edu.google.com/products/classroom>

*Optional Extra:* See <https://www.onestopenglish.com/online-teaching/online-education-online-safety/1000051.article> for more ideas

**Stage 4**

**Real life  
examples of  
when things  
go wrong!**

**Slides 11 & 12**

Show students the two examples and ask them to suggest what happened next.

Answers:

- A) Burger King traced the photo back to the worker's phone and sacked both the worker and the whole team who worked with him!

<p><b>Real life examples of when things go wrong!</b></p> <p><b>Slides 11 &amp; 12</b></p>	<p>B) The Health and Safety Inspector and the shop owner traced the photo and sacked the employees for breaking the safety rules. The incident also negatively affected the image of the whole chain of grocery stores.</p>
<p><b>Stage 5</b></p>	
<p><b>Video + activity</b></p> <p><b>Slides 13 &amp; 14</b></p>	<p>Tell students that they are going to watch a short video of four young people talking about how to use social networks sensibly and how to stay safe online. Play the video.</p> <p>Ask students to write the answers to the following in their notebooks:</p> <p>What pieces of advice do the speakers give about the following topics? (NB: there are clues in the presentation, if needed)</p> <ul style="list-style-type: none"> <li>a) Age limits</li> <li>b) Photos and videos</li> <li>c) Being kind to others</li> <li>d) Personal information</li> <li>e) Good passwords</li> </ul> <p>Answers:</p> <ul style="list-style-type: none"> <li>a) Don't lie about your age. If you are too young for a website, don't use it. The limits are there to protect you.</li> <li>b) Stop and think before you share any posts or videos online. Once they are online, you cannot stop other people sharing them.</li> <li>c) Don't attack other people on social networking sites. If you have nothing nice to say, it is better to say nothing at all.</li> <li>d) Don't make your private information public. Be very careful what information you share online.</li> <li>e) Don't use 'password' or '1234'. A good password is a combination of letters, words, and symbols.</li> </ul>
<p><b>Stage 6</b></p>	
<p><b>Video + True or False activity</b></p> <p><b>Slide 15 - 17</b></p>	<p>Play the video again and ask students to decide whether the following sentences are true or false.</p> <ul style="list-style-type: none"> <li>a) Most social networking sites have an age limit.</li> <li>b) People don't always think before they post things.</li> </ul>

<p><b>Video + True or False activity</b></p> <p><b>Slide 15 - 17</b></p>	<p>c) You can stop other people sharing your posts.  d) If you haven't got anything nice to say, then don't say anything at all.  e) Your password is like the key to your house</p> <p>Answers: a) T b) T c) F d) T e) T</p>
<p><b>Stage 7</b></p>	
<p><b>Speaking activity</b></p>	<p>Put the class in groups (in the classroom or breakout rooms) and ask students to discuss which piece of advice in the video they think is most important and why. Ask each group to share their decision (in person, or via the chatbox). Do the rest of the class agree or disagree?</p> <p>If you don't have access to breakout rooms, invite students to share their thoughts via the chatbox.</p>
<p><b>Stage 8</b></p>	
<p><b>Slide 18</b></p>	<p>Get students to revisit the form they completed in Stage 3 and see if they will now make any changes to their online habits. Ask them to write at least 1 change that they will make from now on e.g. I will always make sure I log out of internet sites.</p> <p>Ask for volunteers to share their changes.</p> <p>If time is short, this activity could be set for homework.</p>
<p><b>Stage 9</b></p>	
<p><b>Quiz</b></p>	<p>If time allows, finish the lesson with a quick game. Go to Kahoot.com and search for any of the following games:</p> <p>Social media safety (smorgan4)  Social media safety (space_101)  Social media safety Kahoot! (M12996)</p>

**Suggestions for follow-up activities or further practice:**

- Ask your students to download the student's worksheet for this lesson and do the exercises.
- Ask them to come to the next lesson prepared to share and discuss their answers.